

2019 Seniors EXPO

Friday 31 May, 10am – 2pm
Palmerston Recreation Centre
11 The Boulevard, Palmerston

*Celebrating conversation, living life
to the full, empowering modern ageing
and being bolder not just older!*

- FREE ENTRY
- Free refreshments and live music
- Over 70 exhibitors with info, advice, free health checks, giveaways and more
- Choirs, dance performances and 'have a try' Tai Chi and table tennis
- Chance to win a \$1000 travel voucher
- Live 104.1 Territory FM broadcast
- Prize for "Best Dressed in Gold"



Major and Gold Sponsors



Seniors Expo Supporters



Full program:
[www.cotant.org.au/
territory-seniors-calendar/seniors-expo-2019](http://www.cotant.org.au/territory-seniors-calendar/seniors-expo-2019)